



WINNIE'S WHIRLWIND WELLNESS TOUR

Chef Winnie Chang becomes a personal megaphone to cheer your entire staff to success!

THURSDAY, AUGUST 31st at 5:30 PM

At the Tempe Schools Brogan Center

1430 W Elna Rae St, Tempe, AZ 85281

In the upstairs Nutrition Training Classroom

(Off Priest Drive Between Broadway and University)

SNAAZ

Eastside

Chapter



Free Dinner provided for all. Free Deluxe Skin Care Product Kits!!!

All school nutrition staff are welcome!

You do not need to be a member of the School Nutrition Association of Arizona. Please come and learn, have fun, and meet fellow School Nutrition professionals!

This Wellness Tour seminar teaches your School Nutrition staff to become kitchen rock stars! The workshop includes: techniques on how to create a positive environment in the kitchen, trigger words that motivate fellow co-workers, hygiene and grooming guidelines, appropriate clothing for work, stress management ideas, a skincare segment, and makeup tutorial. You need to take pride in your appearance and provide top-notch customer service to create an atmosphere of professionalism at work.

Winnie Chang works with Chef's Corner Asian Foods and is flying here from San Francisco especially for us!



This class will provide a certificate to all participants for professional development hours and credit for SNS and RD's.